

SPIRITUAL WAR

EPHESIANS 6

THE HELMET OF SALVATION & SWORD OF THE SPIRIT FEBRUARY 2, 2020

Take the helmet of salvation and the sword of the Spirit, which is the word of God. Ephesians 6:17

WEEKLY SERMON REFLECTION

- ◆ How did the message on “The Helmet of Salvation & Sword of the Spirit” speak to you personally?
- ◆ Why is that important to you?
- ◆ What part of this truth is the biggest challenge for you?

HEAD

- ◆ Discuss what we know about the helmet of salvation and sword of the Spirit. What is each piece’s purpose and how does it protect us? Are the weapons defensive or offensive? What was new to you today from the sermon regarding these weapons?
- ◆ God’s gift of salvation provides us safety from the enemy’s attacks on our minds; saving help today from the power of sin and the lure of temptation; and the confidence in knowing with full assurance we will be rescued from future judgment. Discuss how the present and future aspects of salvation help you live with confidence in Christ.
- ◆ Read Hebrews 4:12 aloud. Discuss how the sword of the Spirit in penetrates, divides and judges.
- ◆ Share a time when you stood firmly against the devil’s schemes by employing these pieces of God’s armor.

HEART

- ◆ The gospel changes everything. What area of your life do you need to allow God’s transforming power and why?
- ◆ How does the gospel and the reality of your present and future salvation in Christ change your attitude and/or daily walk?
- ◆ What lies are you currently believing that need to be uprooted and replaced by the truth of God’s Word?



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ACTION

- ◆ Intentionally commit this week to be in God’s word and ask the Holy Spirit to renew your mind and transform your life by living into the fullness of your salvation in Christ. Tell someone in your group what steps you will take to make this happen.
- ◆ Think through what you are exposing your mind to (movies, videos, streaming, social media, magazines, books, etc.). How does your list compare with Philippians 4:8? “Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.” What do you need to change?

